

# Tackling quantum gravity non-perturbatively

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# The bare-bones story of Asymptotic Safety

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...or: *Quantum Gravity as a Quantum Field Theory*

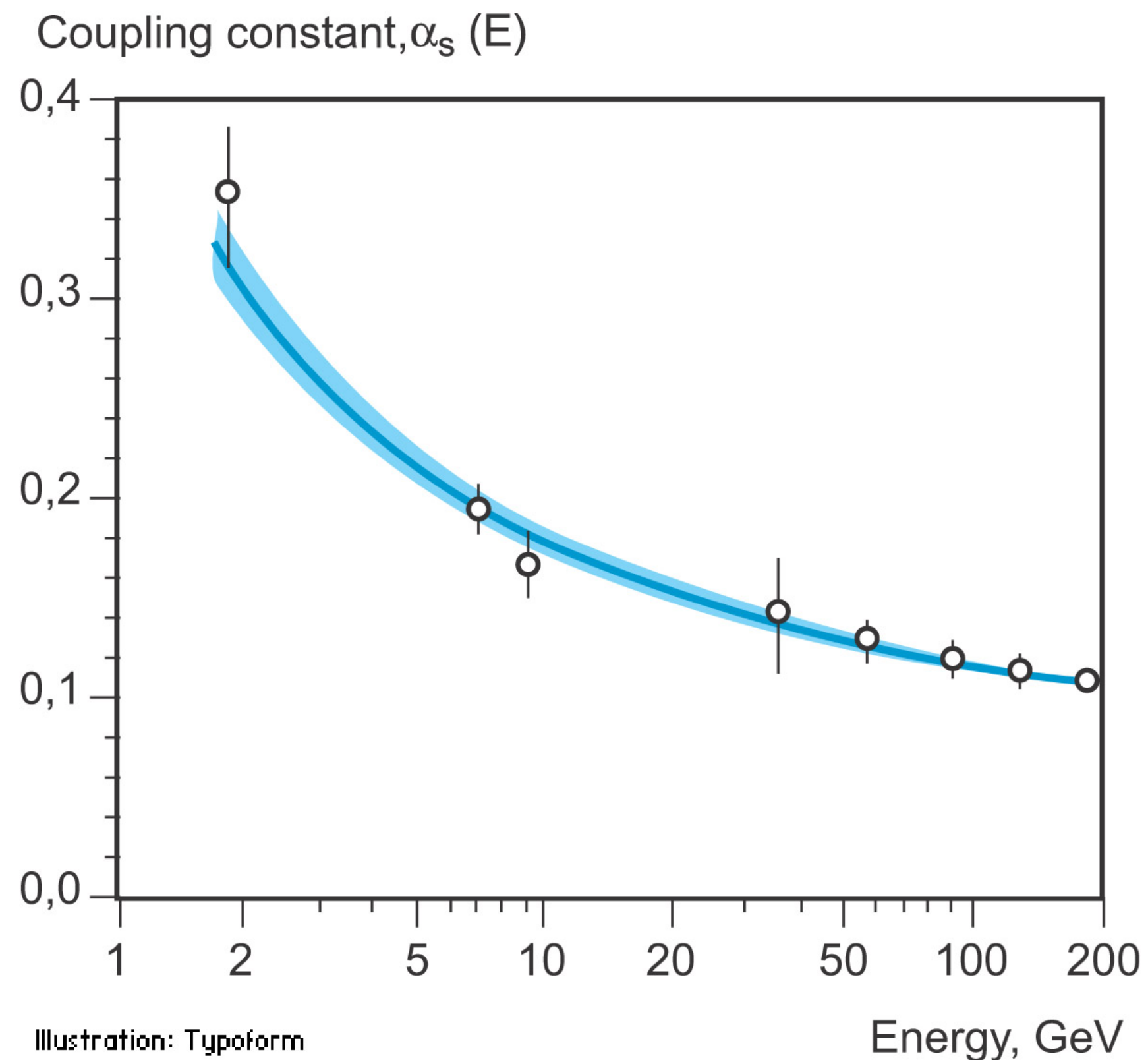


# Running coupling constants

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**Nobel prize in Physics 2004  
(Gross, Politzer, Wilczek)  
“for the discovery of asymptotic freedom  
in the theory of the strong interaction”**

# Running coupling constants

- established experimental fact: coupling constants “run with energy”
- measure scattering cross sections and compare them to theoretical predictions - coupling “constants” depend on energy scale dictated by their beta functions - **renormalisation group**

$$\beta_{\alpha_s} = - \left( 11 - \frac{2}{3} N_f \right) \frac{\alpha_s^2}{2\pi} + \mathcal{O}(\alpha_s^3)$$

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- Quo vadis, quantum gravity?

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- the actual problem: **predictivity**



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$$\Delta\Gamma_{\text{div,OS}}^{2\text{-loops}} \propto \frac{1}{\epsilon} \int d^4x \sqrt{-g} \left[ \tilde{a} C_{\mu\nu}{}^{\rho\sigma} C_{\rho\sigma}{}^{\tau\omega} C_{\tau\omega}{}^{\mu\nu} \right]$$

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$$\tilde{a} \neq 0$$

*Goroff, Sagnotti '85, '86  
van de Ven '92*

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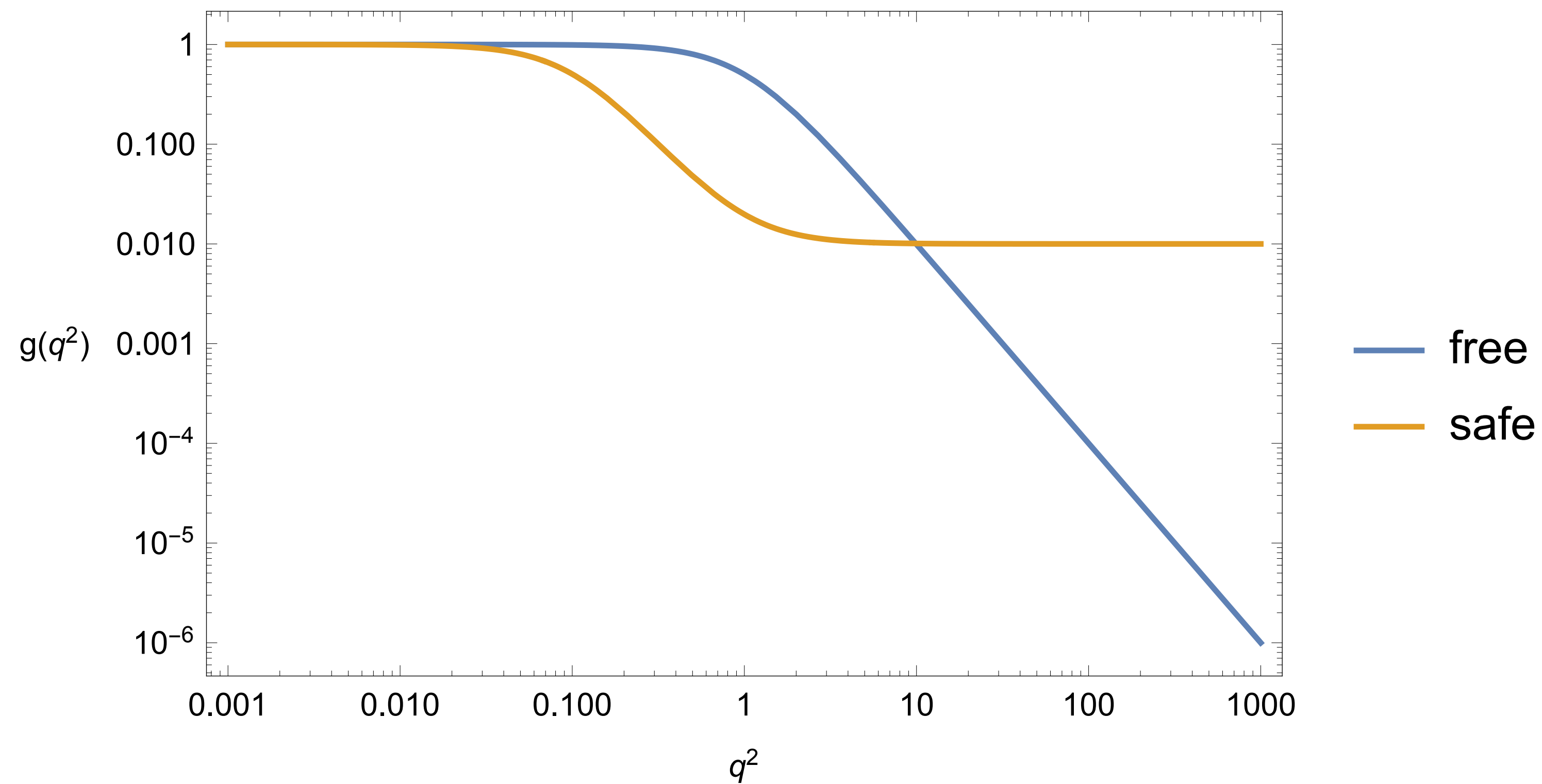
**Is GR non-perturbatively renormalisable?**

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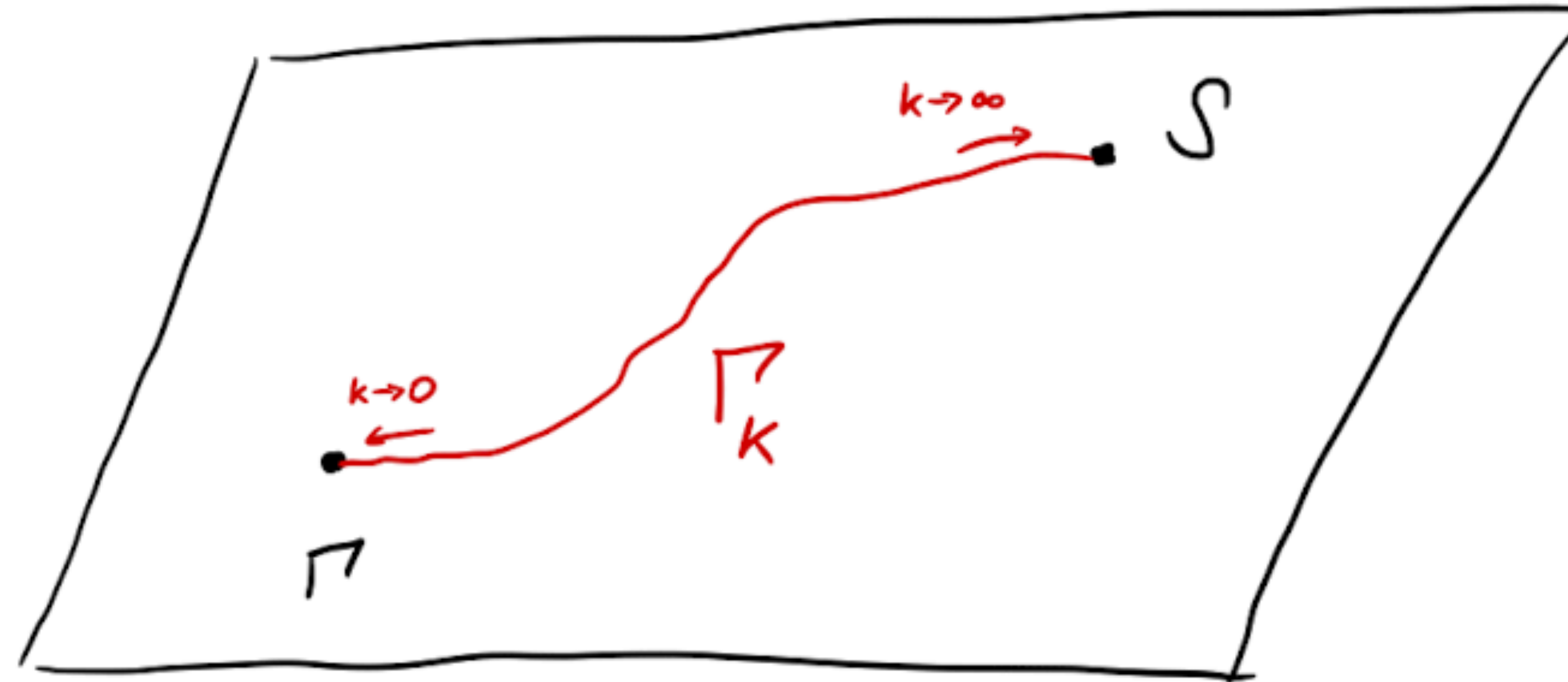
*...or: the working horse of Asymptotic Safety*

# Asymptotic Safety via FRG

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- no free dinner: standard implementation uses Euclidean signature

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# Asymptotic Safety via FRG

the **happy little challenges**  
(what keeps me up at night)

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**The state of the art**

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*...or: why I'm not doing string theory (yet)*

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- several chapters in  
Handbook of Quantum Gravity:**  
  
**2210.11356, 2210.13910, 2210.16072,  
2211.03596, 2212.07456, 2302.04272,  
2302.14152, 2309.10785, +1 (not on arxiv)**

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# Two-loop counterterm

**Q: What does AS do with the two-loop counterterm?**

# Two-loop counterterm

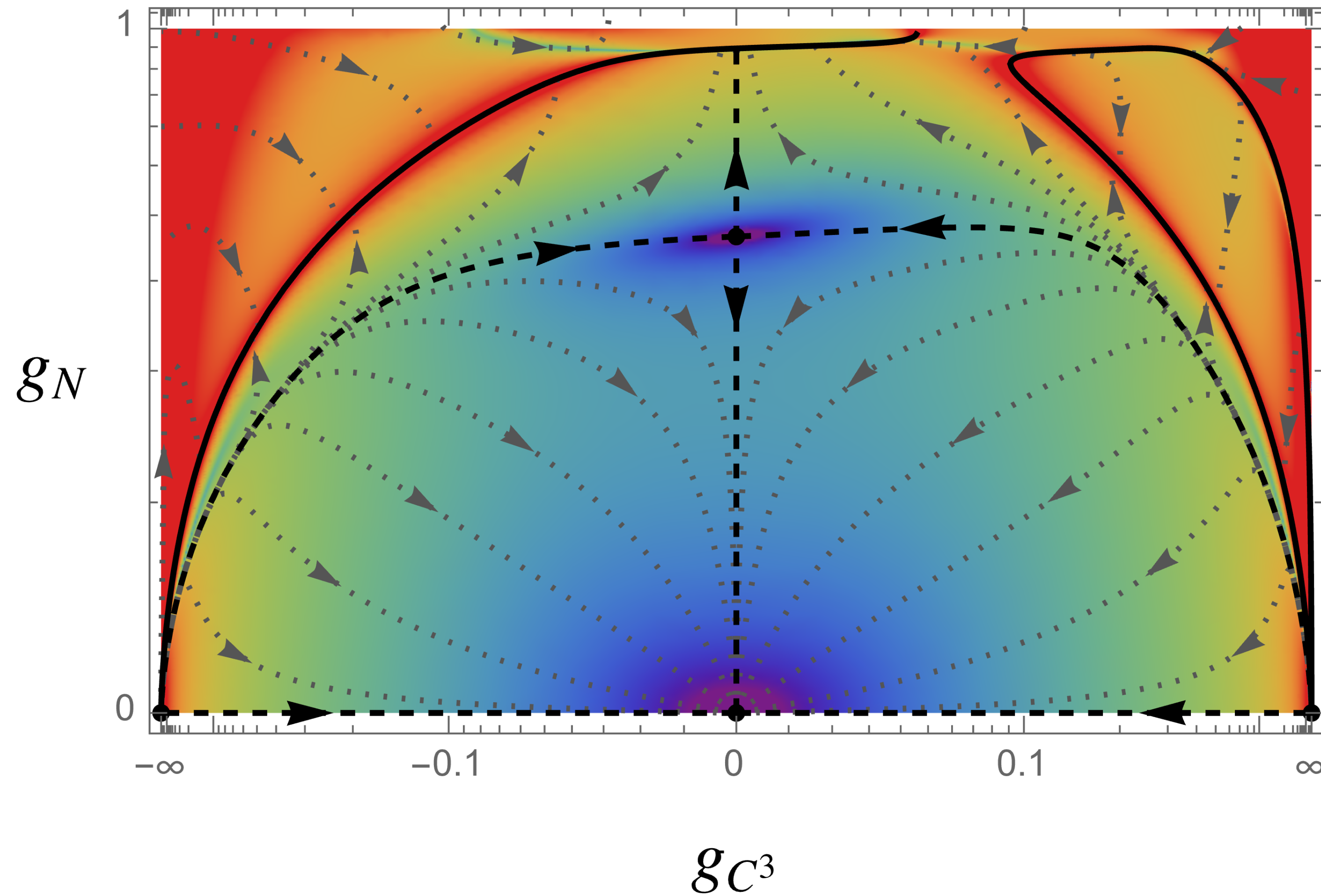
**Q: What does AS do with the two-loop counterterm?**

- approximation:

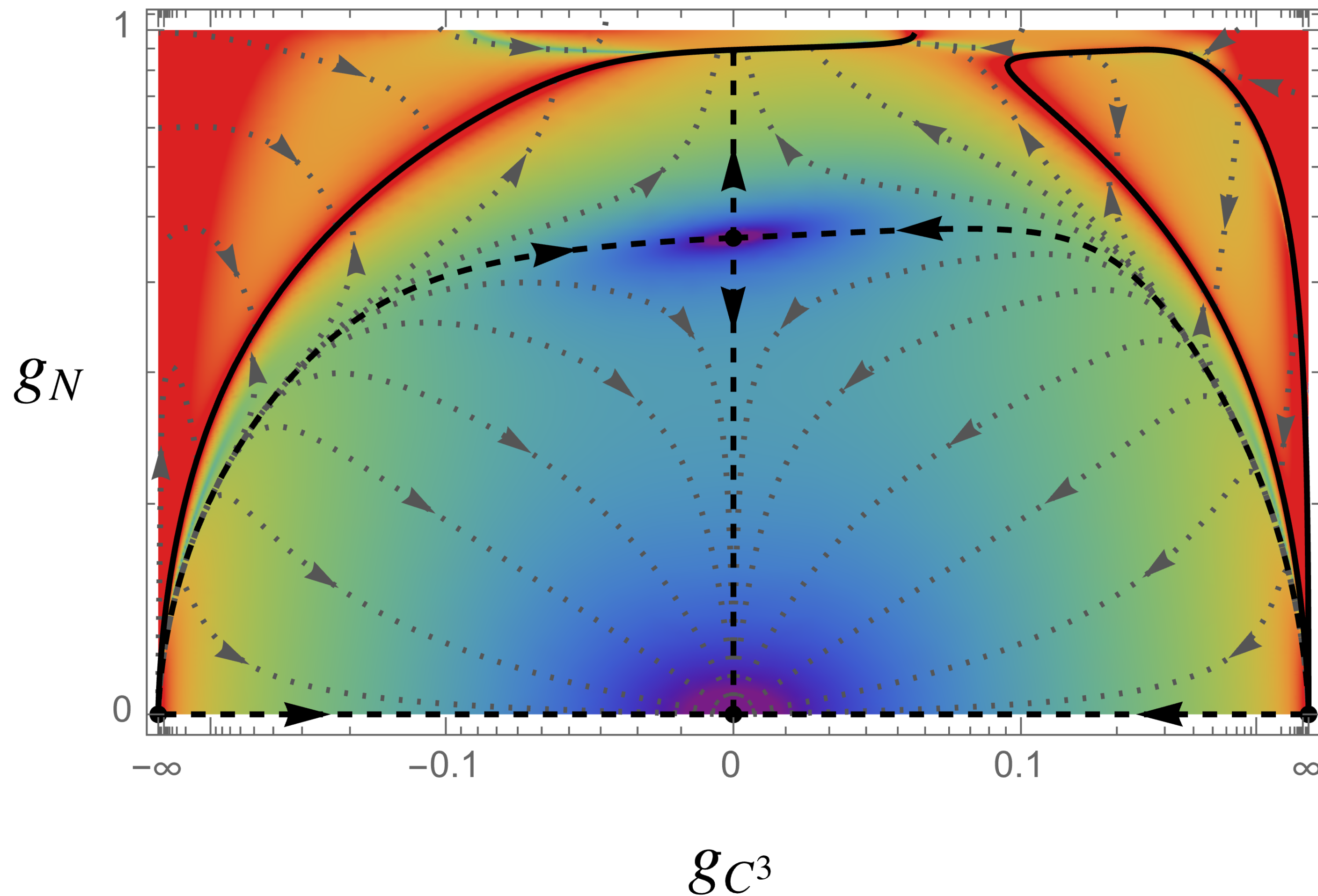
$$\Gamma_k = \frac{1}{16\pi G_N} \int d^4x \sqrt{g} \left[ 2\Lambda_k - R + G_{C^3} C_{\mu\nu}{}^{\rho\sigma} C_{\rho\sigma}{}^{\tau\omega} C_{\tau\omega}{}^{\mu\nu} \right]$$



# Two-loop counterterm



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**AS tames the  
two-loop counterterm!**

see also H. Gies, BK, S. Lippoldt, F. Saueressig 1601.01800

**Computational tools and where  
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# Computational tools and where to apply them

*...or: what I'm doing for a living*

$$k\partial_k\Gamma_k = \frac{1}{2}\text{STr} \left[ \left( \Gamma_k^{(2)} + \mathfrak{R}_k \right)^{-1} k\partial_k\mathfrak{R}_k \right]$$

**inversion**

**computing the two-point function**

**tensor contractions**

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**functional trace**

**Euclidean vs Lorentzian**

**beta functions: IDEs**

# computational tools

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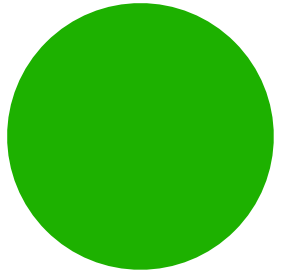
key tools: xAct package (MMA), FORM



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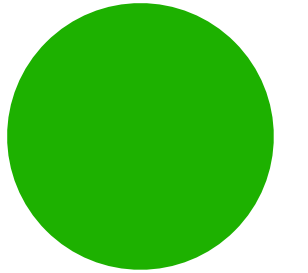
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$$\begin{aligned}
 \partial_t \Gamma_k &= \frac{1}{2} \text{[diagram]} - \text{[diagram]} \\
 \partial_t \Gamma_k^{(h)} &= -\frac{1}{2} \text{[diagram]} + \text{[diagram]} \\
 \partial_t \Gamma_k^{(2h)} &= -\frac{1}{2} \text{[diagram]} + \text{[diagram]} - 2 \text{[diagram]} \\
 \partial_t \Gamma_k^{(c\bar{c})} &= \text{[diagram]} + \text{[diagram]} \\
 \partial_t \Gamma_k^{(3h)} &= -\frac{1}{2} \text{[diagram]} + 3 \text{[diagram]} - 3 \text{[diagram]} \\
 &\quad + 6 \text{[diagram]} \\
 \partial_t \Gamma_k^{(4h)} &= -\frac{1}{2} \text{[diagram]} + 3 \text{[diagram]} + 4 \text{[diagram]} \\
 &\quad - 6 \text{[diagram]} - 12 \text{[diagram]} + 12 \text{[diagram]} \\
 &\quad - 24 \text{[diagram]} \qquad \qquad \qquad \sim 10^{12} \text{ terms}
 \end{aligned}$$

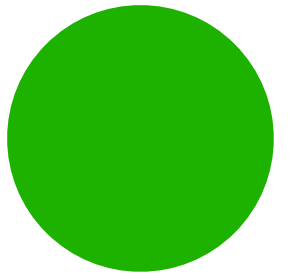
*Denz, Pawlowski, Reichert*  
1612.07315

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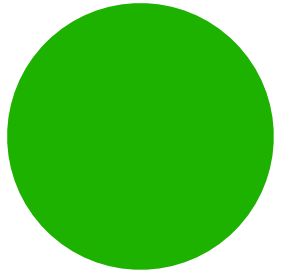
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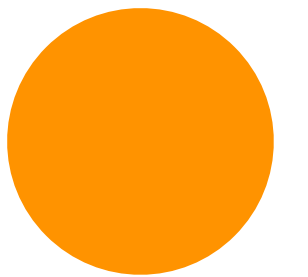
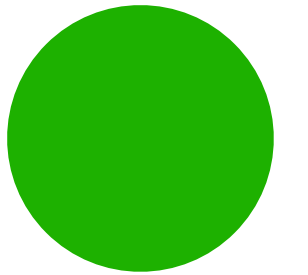
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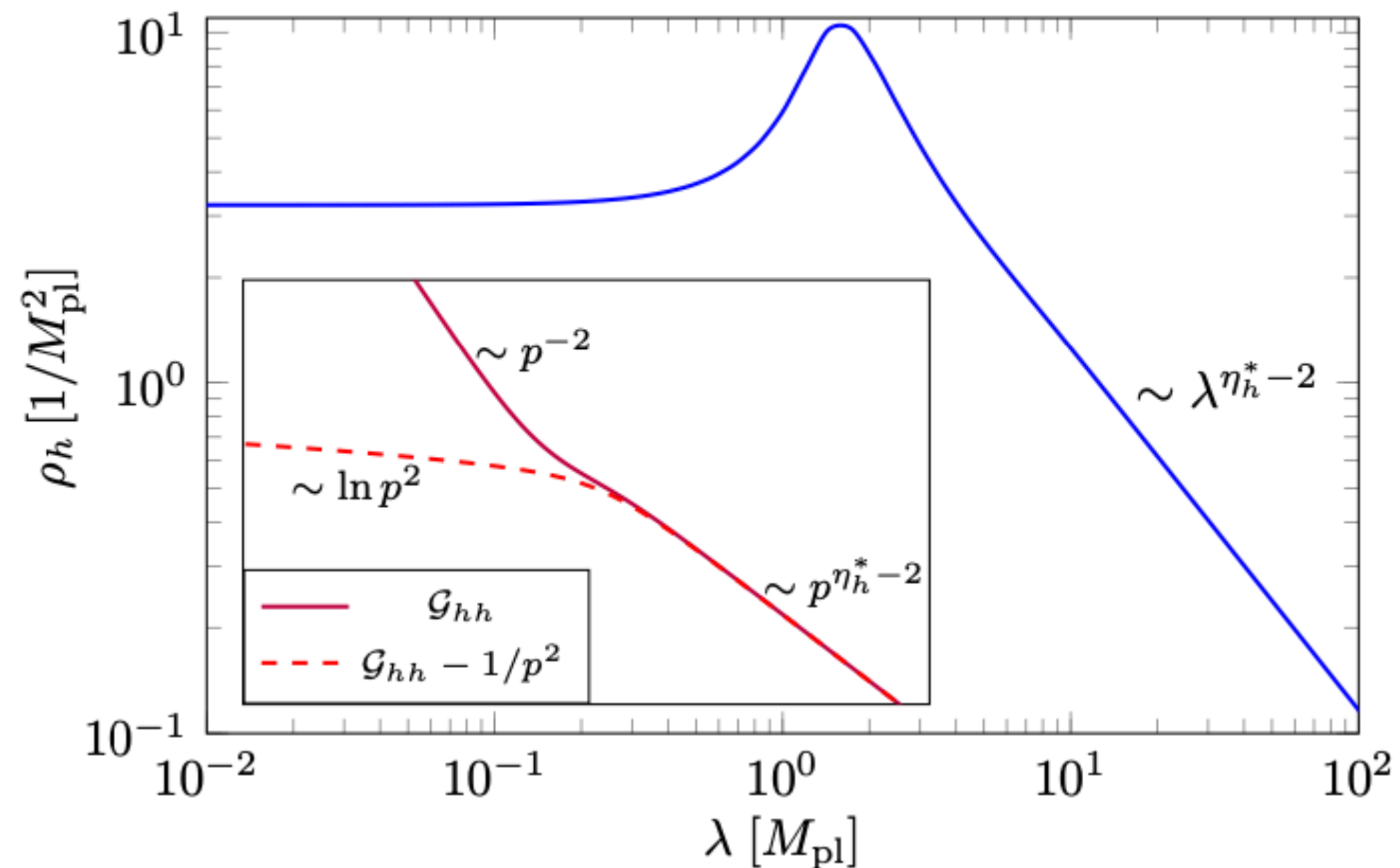
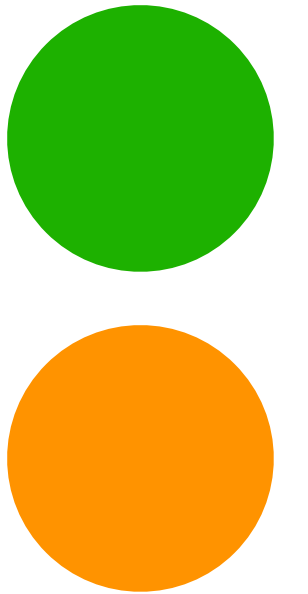
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Bonanno, Denz, Pawłowski, Reichert 2102.02217  
Fehre, Litim, Pawłowski, Reichert 2111.13232

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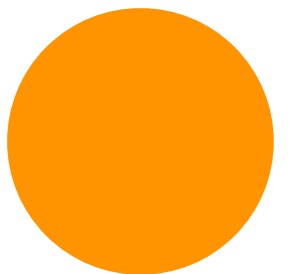
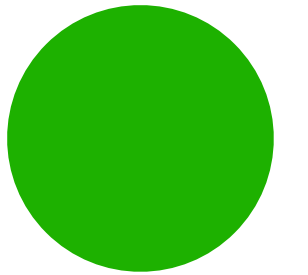
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- Solving integro-differential equations



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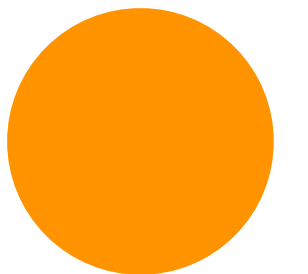
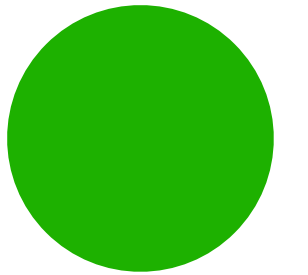
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compute full momentum dependence – amplitudes once again





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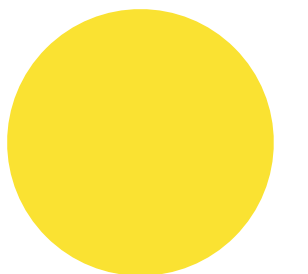
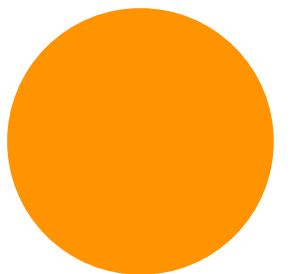
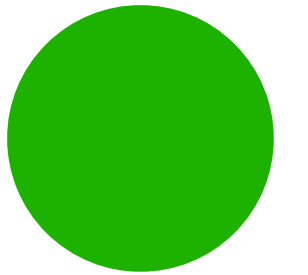
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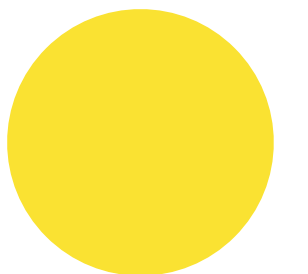
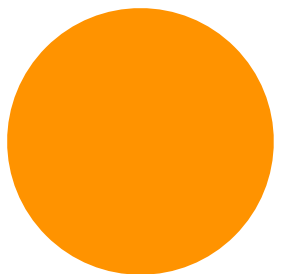
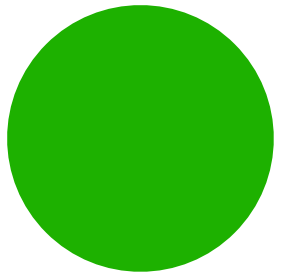
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*Borchardt, BK 1502.07511, 1603.06726*

**pseudo-spectral methods for  
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